The objective of the Contraceptive CHOICE Project was to reduce unintended pregnancies in the St. Louis region by removing cost, education, and access barriers to highly effective contraception. CHOICE was a prospective cohort study of 9,256 reproductive-aged women who received counseling to increase awareness of all reversible methods, particularly long-acting reversible contraception (LARC: intrauterine devices (IUDs) and implant). Participants were provided with contraception of their choice at no cost for 2-3 years. Seventy-five percent of study participants chose one of the three LARC methods. We observed a reduction in teen pregnancy, birth, and abortion compared to national rates.

Join us for a reception in the break area after the presentation.

Co-sponsored by the Institute for Public Health, the Department of Obstetrics and Gynecology, the Department of Medicine, and the Department of Anesthesiology