

Harvey A Friedman Center for Aging  
*13th Annual Friedman Lecture & Awards*

# *Creating Aging-Friendly Communities*

Friday, May 3, 2013  
Eric P. Newman Education Center



Washington  
University in St. Louis

INSTITUTE FOR PUBLIC HEALTH





# Harvey A. Friedman Center for Aging

## 13th Annual Friedman Lecture & Awards

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*Eric P. Newman Education Center*

- 8:30 am      **Coffee & Registration**
- 9:00 am      **Welcome & Introductions**  
**Nancy Morrow-Howell**  
*Harvey A. Friedman Center for Aging  
Institute for Public Health, Washington University*
- 9:15 am      **Kopolow and Friedman Award Presentations**  
**Nancy Morrow-Howell**  
**Julia Ruvelson**  
*The Foundation for Barnes-Jewish Hospital*
- 9:30 am      **Keynote: Creating Aging-Friendly Communities**  
**Andrew Scharlach**  
*Center for Advanced Study of Aging Services  
School of Social Welfare, University of California, Berkeley*
- 10:15 am     **Panel & Discussion**  
**Stephanie Herbers (Moderator)**  
*Harvey A. Friedman Center for Aging*  
**Karen Berry-Elbert**  
*St. Louis Naturally Occurring Retirement Community, Jewish  
Federation of St. Louis*  
**Arthur Culbert**  
*StL Village*  
**Camille Greenwald**  
*City of Richmond Heights*
- 11:00 am     **Poster Session and Reception**

## Alene & Meyer Kopolow Award

The Kopolow award recognizes stellar contributions to the care of older adults by a resident, post-residency fellow, or non-tenured junior faculty member in neurology, psychiatry, medicine, or related disciplines. Awardees have demonstrated achievement in at least one of the following areas of geriatrics: direct patient care; didactic learning exercises or rounds, conferences, or national and international meetings; and patient-oriented or basic research that address aging issues.

This award is presented by the Harvey A. Friedman Center for Aging and supported by The Foundation for Barnes-Jewish Hospital from the Alene and Meyer Kopolow Fund for Geriatrics, Psychiatry, and Neurology.

## Dorismae & Harvey A. Friedman Award

The Friedman award recognizes a non-physician who has made outstanding contributions to patient-oriented care of older adults. Individuals also may contribute to the advancement of geriatric care through educational activities or research.

The award is presented by the Harvey A. Friedman Center for Aging and supported by The Foundation for Barnes-Jewish Hospital from the Dorismae and Harvey A. Friedman Fund.

## Previous Awardees

### *Alene & Meyer Kopolow Award*

2012	Tanya Wildes
2011	Beau Ances
2010	Susan Stark
2009	Nupur Ghoshal
2008	Consuelo Hopkins Wilkins
2007	Randall Bateman
2006	Christopher Carpenter
2005	Monique Williams
2004	Barbara Joy Snider
2003	Kellie Flood

### *Dorismae & Harvey A. Friedman Award*

2012	James Williams
2011	Terri Hosto & Nancy Tye-Murray
2010	Gammon Earhart & Nigel Cairns
2009	Catherine Roe
2008	Marie McGowan Meisel
2007	Joanne Norton
2006	Eileen Costantinou
2005	Tamara Hershey & Maria Carroll
2004	Elizabeth Grant
2003	Mary Coats

## 2013 Kopolow Award Winner

*Tammie L. S. Benzinger*



Dr. Benzinger is assistant professor of radiology and neurological surgery in the School of Medicine at Washington University. She received her PhD and MD from the University of Chicago in 2000, where her research focused on the structure of beta-amyloid, the peptide which aggregates in the brain in Alzheimer's disease. She then completed a residency and fellowship in radiology and neuroradiology at the Mallinckrodt Institute of Radiology (MIR) at Washington University.

She currently leads the Neuroimaging Core for the Knight Alzheimer's Disease Research Center, the Dominantly Inherited Alzheimer Network (DIAN), and DIAN Trials Unit. She has served as the director of Neuromagnetic Resonance Imaging at the MIR since 2006, with a focus of bringing advanced imaging techniques into clinical practice.

## 2013 Friedman Award Winner

*Rebecca I. Fierberg*



Ms. Fierberg is a social worker for the Memory and Aging Project within the Knight Alzheimer's Disease Research Center. She acts as an educational, supportive, and counseling resource for all research participants and their families, and provides services to community members outside the study who seek information and support about Alzheimer's disease. She also facilitates a caregiver support group at the Alzheimer's Association and is a member of their Speaker's Bureau.

In her forties, Ms. Fierberg made a career change—moving from small business owner to full-time student at the Brown School at Washington University. While a student, she was honored with the Clara Louis Meyers Award for Outstanding Practicum Student. Her academic and practicum work solidified her passion to serve the older adult population. Her social work skills and innate creativity are closely intertwined—she has been known to introduce how-to-knit lessons within her support groups.

## 2013 Friedman Award Winner

*Deborah Dalin Guyer*



Ms. Guyer is executive director of the Greater St. Louis Chapter of the American Parkinson Disease Association (APDA), serving the state of Missouri and southern Illinois. She is coordinator of the APDA Information and Referral Center at Washington University School of Medicine, with offices in the neuroclinical research unit, and at the Parkinson Community Resource Center in Chesterfield. Prior to joining the APDA in 2007, Ms. Guyer worked as a speech-language pathologist in a hospital setting for 30 years.

Ms. Guyer has also served on the APDA Board of Directors, chairing the Patient Needs and Services committee, planning health fairs and caregiver workshops. When it was proposed to offer a support group for adult children of parents with Parkinson's disease, she became the facilitator of this group and still serves in this role today. She has spent her entire career, both as a hospital speech pathologist and through her involvement with the APDA, working with older adults.

## Keynote: Creating Aging-Friendly Communities

### *Andrew Scharlach*



Dr. Scharlach is the Eugene and Rose Kleiner Professor of Aging and director of the Center for Advanced Study of Aging Services at the University of California, Berkeley. His work focuses on adults and their families, particularly with regard to long-term care services, work and family responsibilities, and aging-friendly communities. He has conducted extensive research and evaluation of community aging initiatives. Dr. Scharlach is the principal investigator of a series of research projects aimed at examining innovative initiatives for helping communities to become more aging-friendly.

## Panelists

### *Karen Berry-Elbert*

Ms. Berry-Elbert is the manager of the St. Louis Naturally Occurring Retirement Community (NORC) at the Jewish Federation of St. Louis. She helped develop this successful national model program to help older adults remain living independently and has directed it since its inception in 2002. She has over 35 years of experience in the non-profit community, both professionally and in a volunteer capacity, including leadership positions with the United Way of Greater St. Louis, Scholarship Foundation of St. Louis, and Congregation Temple Israel.

### *Arthur Culbert*

Dr. Culbert serves as Urban Farmer in Residence at New City School in the Central West End. He is a trustee at the Saint Louis College of Pharmacy and holds faculty appointments at Saint Louis University College for Public Health and Social Justice and University of Missouri School for the Health Professions. He chairs the Exploratory Committee in the development of StL Village, an aging in place community expected to open in St. Louis in 2014.

### *Camille Greenwald*

Ms. Greenwald is currently serving her third consecutive term as city council representative for District 4 in the City of Richmond Heights. She is also the current president of Friends of the City of Richmond Heights and is a committee member of the Richmond Heights' Aging in Place Steering Committee. Ms. Greenwald is an owner/administrator of a multi-disciplinary medical clinic that performs independent medical evaluations for various state and federal offices.



*Harvey A. and Dorismae Hacker Friedman*

## History of the Harvey A. Friedman Center for Aging

The Center for Aging at Washington University was established in 1998 under the direction of Chancellor Mark S. Wrighton. This cross-disciplinary “center without walls” was created to focus on aging by catalyzing new innovations in education, research, practice, and community outreach. Leonard Berg, MD, provided the initial leadership for this effort.

In 2001, John C. Morris, MD, became the center’s director, and in 2007 the center was renamed the Harvey A. Friedman Center for Aging in recognition of the long-time vision, commitment, and generosity of Harvey A. and Dorismae Hacker Friedman.

Under Morris’s leadership, the Friedman Center for Aging began hosting the annual Friedman Lecture, fostered pilot grant funding for junior investigators, and developed the Summer Aging Research Program, which attracted undergraduate students from across the country. The center also established the Naturally Occurring Retirement Community project with the Jewish Federation of St. Louis.

In 2012, Nancy Morrow-Howell, PhD, was appointed as the center’s new director, and it became part of the Institute for Public Health. Dr. Morrow-Howell is committed to building upon the center’s strong foundation and promoting interdisciplinary collaborations with a major impact.

*Please visit our website to learn more about the mission and activities of the Harvey A. Friedman Center for Aging.*

[publichealth.wustl.edu/aging](http://publichealth.wustl.edu/aging)