For Your Health: Don’t sugarcoat the health risks of sugary drinks
The Hermann Courier and other publications | July 2019
Co-Director of the Institute for Public Health at WashU, Dr. Graham E. Colditz talks about how to watch your sugar intake this summer.

These portraits of transgender seniors offer a ‘roadmap’ of resiliency
PBS News Hour | 7/1/2019
Photographer Jess T. Dugan and her partner Vanessa Fabbre, a social worker, assistant professor at WashU and Institute for Public Health Faculty Scholar are bringing stories of older transgender persons to light.

Gender equality, health improve through paid leave, tuition-free school: Brown School study offers specific solutions to loosening restrictive gender norms
The Source, Washington University St. Louis, 7/3/19
A new study co-authored by Jessica Levy, associate professor of practice at the Brown School at Washington University in St. Louis says that policy approaches such as tuition-free primary education and paid parental leave both transform norms and improve health for women and their children.

Liberty Vittert: Climate change alarmists deny science in misrepresenting June’s heatwave
Fox News | 7/7/2019
Liberty Vittert takes a look at June, reported by some to be “the hottest month ever recorded on Earth”.

There are so many traumatic calls in St. Louis, paramedics are quitting their jobs
KSDK-TV (NBC 5) | 7/8/2019
Dr. Laurie Punch is featured in this news piece on paramedics leaving their careers due to trauma.

The Meat-Allergy Tick also carries a Mystery Killer Virus
Wired | 7/8/2019
Did you know there is a tick that can cause a meat allergy and a killer virus? Faculty Scholar Jacco Boon talks about it in WIRED-Science.

The Health 202: Trump wants credit for lowering health costs. Banning drug rebates was an obstacle.
The Washington Post | 7/12/2019
Rachel Sachs, an associate professor of law at Washington University: “HHS had proposed three big ideas with the potential to change our drug pricing system…”

Opioid overdose should be treated like attempted suicide: with an emergency hold
STAT | 7/12/2019
In the last half century, the U.S. has endured three major drug epidemics...A perspective by David A. Patterson Silver Wolf, PhD, associate professor, Brown School of Social Work.

What If You Don’t Feel Like Yourself Without Your Anxiety?
Self | 7/12/2019
As a psychiatrist at a university, nothing brings me greater joy than when a patient who used to have terrible anxiety tells me they’re now able to make friends, give a presentation in class, or do anything else that previously felt off limits...Jessica A. Gold, MD, MS, assistant professor in the department of psychiatry at Washington University in St. Louis.
There is No Single, Best Policy for Drug Prices  
*The New York Times* | 7/15/19  
“One-size-fits-all incentives like patents and exclusivity periods may not provide the right incentive for Humira or any other drug,” said Rachel Sachs, Associate professor of law at WUSTL.

Can You Ever Be Friends With Your Former Therapist?  
Self | 7/16/19  
Making friends as an adult can be weirdly difficult. So, when you really connect with someone, you might hope that bond blossoms…Jessica A. Gold, MD, MS, and assistant professor in the department of psychiatry at Washington University in St. Louis.

More cancer patients get help to quit smoking: Siteman Cancer Center expands smoking-cessation efforts  
The Source at Washington University in St. Louis | 7/17/19  
“…said first author Alex T. Ramsey, assistant professor of psychiatry. ‘Helping cancer patients quit smoking is one of the most important things we can do. So it’s important we provide smoking-cessation treatment in ways our patients can take advantage of.’"

For healthy blood pressure, both numbers matter  
NBC News | 7/17/19  
"This is something I've believed for years, that we should treat both systolic and diastolic blood pressure," Dr. Angela Brown, an associate professor of medicine and clinical hypertension specialist at Washington University School of Medicine in St. Louis, wrote in an email to NBC News.

U.S. women with less income, education often lack access to infertility care  
National Post | 7/19/2019  
Even with insurance, many women may lack benefits for infertility care, according to Dr. Emily Jungheim, chief of reproductive endocrinology and infertility at WUSTL.

Smoking cessation program shows promise for cancer patients  
UPI | 7/19/19  
Alex T. Ramsey, assistant professor of psychiatry at Washington University and study first author writes, “Helping cancer patients quit smoking is one of the most important things we can do. So it’s important we provide smoking-cessation treatment in ways our patients can take advantage of.”

A conservative group paints Trump’s drug-pricing experiment as ‘socialist.’ Is it?  
Politifact | 7/19/19  
“While IPI countries vary in strategy, many do not dictate what a pharmaceutical company charges for a drug,” said Rachel Sachs, an associate professor of law at Washington University in St. Louis, who studies drug pricing.

Powderly to lead Institute of Clinical and Translational Sciences  
The Source at Washington University in St. Louis | 7/19/19  
William G. Powderly, MD, the Dr. J. William Campbell Professor of Medicine at the School of Medicine, and the Larry J. Shapiro Director of the Institute for Public Health has been named director of the university’s Institute of Clinical and Translational Sciences. The institute is funded by the National Institutes of Health (NIH).

Report: Youth sports fees increase while budgets remain flat  
EducationDive | 7/19/19  
Author Amy Eyler, PhD, MS, Associate professor and asst. dean for public health at the Brown School, writes “This opens the door to wide variation of fees and processes and may contribute to inequities in sports participation…"
Pregnant Women Using Cannabis Numbers 'Rapidly Increasing,' Experts Warn
Newsweek | 7/19/19
Associate Professor Ryan Bogdan of the Department of Psychological and Brain Sciences at Washington University in St. Louis, who didn't work on the paper, told Newsweek the findings of the new study would have been more robust if the authors looked at how and when the women used the drug.

Here's why the bipartisan push to lower drug prices never works
Salon.com | 7/21/19
Expert on drug pricing and regulation, and Institute Faculty Scholar, Rachel Sachs raises another important point about lowering drug prices.

Liberty Vittert: FaceApp’s sinister genius – Who knew Americans would give their lives away so easily?
Fox News | 7/21/19
“I downloaded the “FaceApp” application on my phone even after reports suggested that a Russian company was using it to harvest our data…” Liberty Vittert is a professor of the Practice of Data Science at the Olin Business School at Washington University in St. Louis.

Lots of lead in the water? Maybe manganese is to blame
The Source at Washington University in St. Louis | 7/22/19
“…manganese can lead to big changes in the water in lead pipes. Depending on what disinfectants are used in the water, those changes can have significant — even dangerous — consequences.” Daniel Giammar, whose research was recently published in Environmental Science and Technology is the Walter E. Browne Professor of Environmental Engineering at the McKelvey School of Engineering.

Timothy D. McBride: Why have so many Missouri children lost Medicaid coverage?
St. Louis Post-Dispatch | 7/23/19
Dr. Timothy McBride chaired the MOHealthNET Oversight Committee from 2012-19. He is a health economist and co-director of the Center for Health Economics and Policy at Washington University.

Senate Finance Committee to consider drug costs
Marketplace | 7/25/19
Rachel Sachs, associate professor of law at Washington University in St. Louis, says some Congressional members oppose it because, “telling pharmaceutical companies they can’t increase their prices as much as they want from year to year somehow is too much of a governmental role.”

JUUL Pitched Native American Tribes. It Did Not Go Well
Vice | 7/25/19
“This reminds me of how our opioid epidemic started: American companies developing a product and go about trying to make a profit,” said David. A Patterson Silver Wolf, an associate professor at Washington University in St. Louis and an expert on drug addiction in Native American communities…

Ling wins Powe Award for junior faculty
The Source at Washington University in St. Louis | 7/26/19
Institute for Public Health Faculty Scholar, Fangqiong Ling receives a worthy honor.

Bernie Sanders took Americans to Canada to prove a point: It wasn’t just about Medicare-for-all
VOX | 7/30/19
“Insulin as a drug has been around for many decades, and the prices keep going up in an unsustainable way,” said Rachel Sachs, a law professor with Washington University in St. Louis. “We hear the most of any drug, of people rationing insulin.”

Trump Administration Plans To Allow Imports Of Some Prescription Drugs From Canada
NPR | 7/31/19
Faculty Scholar Rachel Sachs, law professor recently talked to NPR about how Canada negotiates its lower drug prices.
Missouri is Number One – in Cutting Health Care for Poor Children
Riverfront Times | 7/31/19
Dr. Timothy McBride, a Washington University health economist who chaired the MO HealthNet oversight committee publically questions that the enrollment drop was related to an improved economy.

Goal-oriented rehab improves recovery in older adults
The Source at Washington University in St. Louis | 7/31/19
A type of goal-oriented therapy helps older patients recover more fully from broken hips, strokes and other ailments... “We found that when you engage and motivate people, they do better,” said the study’s first author, Eric J. Lenze, MD, a professor of psychiatry and Institute Faculty Scholar.

Trump Administration Weighs Allowing Drug Imports for Cheaper Prescriptions
New York Times | 7/31/19
“This is a plan to make a plan on importation,” said Rachel Sachs, a law professor and drug policy expert at Washington University in St. Louis.

Researchers Weigh Benefits, Risks of PPIs
WebMD | 7/31/19
According to Faculty Scholar and lead investigator Ziyad Al-Aly, MD, an assistant professor of medicine...the study focused on 157,000 veterans who were prescribed PPIs for the first time, following them for 10 years.

Sham-Controlled Trial: ‘True’ Acupuncture Cuts Angina Pain: Chest pain frequency down; other improvements noted
MedPage Today 7/31/19
Ultimately, the study is interesting but small “meaning it needs to replicated,” said David Brown, MD, of Washington University in St. Louis