IPH Scholars in the News
January 2019

**Seniors with heart failure not harmed by moderate alcohol use**
Reuters | 1/2/19

“If you’re 65 and above and have had a diagnosis of heart failure and previously consumed mild to moderate amounts of alcohol, you can probably continue to do so without any harm,” said senior study author Dr. David L. Brown, a professor of medicine at Washington University in St. Louis, Missouri.

**New Acne Treatment Might Spring From Old One**
HealthDay | 1/3/19

This discovery might lead the way to create bacteria-based treatments, said lead researchers Makedonka Mitreva, an associate professor of medicine, and Dr. William McCoy, a dermatologist and instructor of medicine, both at Washington University in St. Louis.

**Drug makers resist pressure from Washington on prices**
CNN | 1/3/19

But so far, most of the efforts have been on the margins. “The rhetoric they are using is out of scale with their proposals,” said Rachel Sachs, an associate law professor at Washington University who studies drug pricing.

**A glass of wine a night may HELP heart failure patients live up to two years longer than those who abstain, study suggests**
Daily Mail (UK) | 1/5/19

Professor David Brown, of Washington University in St Louis, said of the findings: ‘My patients who are newly diagnosed with heart failure often ask me if they should stop having that glass of wine every night. And until now, I didn’t have a good answer for them....’
Some People Actually Fear Getting Credit for Their Accomplishments
Tonic/Vice | 1/7/19
“We usually call it fear of positive evaluation,” says Thomas Rodebaugh, an associate professor of psychological and brain sciences at Washington University in St. Louis. Rodebaugh has studied this form of anxiety, and has also worked to develop a Fear of Positive Evaluation Scale (FPES) to assess its severity.

House Democrats begin defense of Obamacare as the courts weigh in
USA Today | 1/9/19
Following through on Trump’s promise to reduce the cost of prescription drugs, the administration has rolled out various proposals that analyst Rachel Sachs of Washington University in St. Louis said range from radical to more modest ideas. Most, however, remain in draft form, Sachs wrote in a recent piece for the policy journal Health Affairs.

Environmental Health study shows fast fashion’s negative effects
Fashion Network | 1/13/19
“From the growth of water-intensive cotton, to the release of untreated dyes into local water sources, to worker’s low wages and poor working conditions, the environmental and social costs involved in textile manufacturing are widespread,” wrote Christine Ekenga, an assistant professor at the Washington University in the US, for Environmental Health.

Democrats examine drug prices, a first step in Congress’ path to cut prescription costs
USA Today | 1/14/19
But the initiative is stronger on the Democratic side, said Rachel Sachs, an expert on drug pricing legislation at Washington University in St. Louis. “The Democrats have advanced an affirmative agenda on what to do on drug pricing,” said Sachs, an associate professor of law.
Simple touch-ups for your New Year
St. Louis American | 1/17/19
This is not your typical New Year’s resolution health-and-fitness column. Those often focus on big, sweeping changes, such as losing 40 pounds or training for a marathon. Here, instead, we’re heading in the opposite direction by focusing on smaller, easier-to-accomplish changes…. Dr. Graham A. Colditz, associate director of prevention and control at Siteman Cancer Center at Barnes-Jewish Hospital and Washington University School of Medicine in St. Louis, is an internationally recognized leader in cancer prevention.

U.S. insulin costs per patient nearly doubled from 2012 to 2016: study
Reuters | 1/22/19
“Different actors want to make an example of insulin now and how its cost is a huge barrier for millions of patients,” said Rachel Sachs, an associate law professor at Washington University in St. Louis.

Doctors share image to show germs no longer respond to the drugs that worked a decade ago
Daily Mail (UK) | 1/21/19
When looking at the image of antibiotics amid bacteria, ‘I hope people will see that antibiotics are not as effective as they once were in the last 10 years,’ Dr. Jason Newland, a pediatrics professor and director of the antimicrobial stewardship program at Washington University, St Louis.

Legal Roundtable: Analysis Of Judge’s Ruling Against Trump Administration, Missouri Politics, More
St. Louis Public Radio | 1/23/19
Joining the discussion were Mark Smith, J.D., associate vice chancellor of students at Washington University; …; and Rachel Sachs, J.D., associate professor of law at Washington University.
**Looking to 2020, Democrats take on prescription drug prices**
Kaiser Health News/CNN | 1/24/19

“Democrats feel as if they’re really able to experiment,” said Rachel Sachs, an associate law professor at Washington University in St. Louis who tracks drug-pricing laws.

**Using Bacteria To Create A Water Filter That Kills Bacteria**
Water Online | 1/22/19

Srikanth Singamaneni and Young-Shin Jun’s research on a new water-filtering membrane was the cover story of the Jan. 2, 2019 issue of Environmental Science & Technology....

**The Health 202: Association health plans expanded under Trump look promising so far**
The Washington Post | 1/30/19

The inclusion suggests the administration is pushing back on pharmaceutical companies that have so far simply stalled price hikes, wrote Rachel Sachs, an associate professor of law at Washington University School of Law in St. Louis:

**Drugmakers Drag Feet as Congress Drills Into Prescription Prices**
Bloomberg Law | 1/31/19

“Pharmaceutical companies look at what happened to Martin Shkreli and Heather Bresch at Mylan and they don’t want their company to be the face of this year’s drug pricing scandal,” Rachel Sachs, a professor at Washington University in St. Louis who studies drug policy, said. She was referring to the two drug-industry executives who were brought before Congress in 2016 to answer for their companies’ pricing decisions....

**Genetic Tests for Autism Can Sometimes Change Lives**
Spectrum/Scientific American | 1/31/19

Beyond benefits for the individual, sequencing exomes may be the only way scientists can uncover the full list of mutations related to autism. With this goal in mind, John Constantino’s team offers exome sequencing to anyone who visits their autism clinic at Washington University in St. Louis, Missouri.