Faculty Scholars in the News
May 2020

Front-line Doctors Face A Mental Health Crisis Amid Coronavirus. Can Medicine Overcome The Culture Of Stoicism?
ABC News | 5/31/20
“They had super elevated depression, suicide rates and burnout prior to COVID” states Dr. Jessi Gold in response to health care workers facing a mental health crisis during and after the COVID-19 pandemic.

PICS: Recovering COVID-19 Patients May Face Mental Health Challenges
Daily Nurse | 5/29/20
“The ways in which we were normally trying to avoid [post-intensive care syndrome], we don’t have as much ability to do that [with COVID-19]” says Dr. Jessi Gold on COVID-19 patients and mental health.

The Race For A Coronavirus Cure
WGBH | 5/29/20
In this interview, faculty scholar Dr. Michael Kinch “notes that the history of vaccines is filled with arduous trial-and-error, and explains why ‘layering our defenses’ against the new coronavirus may be our best shot.”

Many Southwestern IL Swimming Pools Want To Reopen This Summer. Will They Be Able To?
Belleville News-Democrat | 5/28/20
Think public swimming pools might be an option this summer? Dr. Jason Newland comments that, even as some hope to open, it is nearly impossible to exercise necessary social distancing practices at a pool.

Uncles, Aunts May Influence a Child’s Odds for Autism
U.S. News | 5/27/20
Dr. John Constantino is mentioned in this article about the results of his study that showed that having aunts and uncles with autism increases chances that a child will also have autism.

COVID-19 Hitting Area Black Children, Youth Harder Than Whites
The St. Louis American | 5/27/20
Dr. Will Ross is mentioned in this article calling us to deeply examine why, in St. Louis, 27 black youth have contracted the virus compared to 8 white children.

Masks Can Limit Spread Of Coronavirus As IL Reopens From Shutdown. Will You Wear One?
Belleville News-Democrat | 5/27/20
“When I see those stories, it makes me sad,” says Dr. Jason Newland commenting on instances where refusal to wear a mask has led to violent altercations.
Faculty Scholars in the News
May 2020

Trump Tries To Convince Voters He’s Lowered Drug Prices, Based Only On A Modest Tweak To Medicare
STAT | 5/26/20
Rachel Sachs comments on President Trump’s Rose Garden address claim that he’s lowered drug prices, even though the change is very minor.

Childhood Obesity Rates Could Increase If Schools Stay Closed Through December, Study Finds
St. Louis Post-Dispatch | 5/26/20
Will more time at home mean increased obesity rates for children? Dr. Ruopeng An comments here on studies that say that is the case.

The Problem With Comparing Health Care Workers To Soldiers On Memorial Day
Vox | 5/25/20
Dr. Jessica Gold co-wrote this piece explaining why comparing health care workers to soldiers isn’t very helpful, even as we may perceive both parties as engaging in war.

Wash U Doctor Answers Your Coronavirus Questions
KSDK 5 | 5/25/20
Dr. Jason Newland chats with KSDK 5 once again and answers coronavirus questions.

Hospitals, A Buffer For St. Louis In Last Recession, Now Share Economic Pain
St. Louis Post-Dispatch | 5/24/20
“I've never seen a recession where health care’s taken a big hit, in terms of losing jobs,” says Dr. Tim McBride on how health care isn’t going to be the economic anchor for other sectors right now.

Lack Of City-County Cooperation Hampering Fight Against Pandemic, St. Louis Official Says
St. Louis Post-Dispatch | 5/22/20
Dr. Will Ross started a dialogue about how a lack of city-county cooperation is hindering the fight against the coronavirus pandemic, and that there is no law stopping the county from helping the city.

Fun Beats Fear In Rube Goldberg Contest To Fetch Soap Amid COVID-19 Crisis
Reuters | 5/22/20
“Creativity and play introduces an element of pleasure and levity that is really important to connect to kids,” comments Dr. Anne Glowinski on the Rube Goldberg annual contest that, this year, is to organize everyday items into a complicated system that accomplishes one simple, timely task: giving someone soap to wash their hands.
Faculty Scholars in the News
May 2020

New Study: Incidence of ASD Higher in Children with an Autistic Aunt or Uncle
ADDitude | 5/22/20
Dr. John N. Constantino led the first population-wide estimate of autism risk in children. The study revealed that having an aunt or uncle with autism correlates to a higher probability of a child also having ASD.

More Evidence that Tobacco Smoking May Protect Against Parkinson’s Disease
Neurology Today | 5/21/20
Studies find that smoking tobacco products may protect against Parkinson’s disease. Experts, including Dr. Susan Searles Nielsen, want to use that information to understand more about how the disease develops.

Real-time Data Are Essential For Covid-19. They’re Just As Important For The Opioid Overdose Crisis
STAT | 5/20/20
“...the closest thing we have to a real-time data system for opioid overdose deaths — an epidemic of destruction that began killing Americans more than a decade ago — has a lag time of about 24 months” writes Dr. David A. Patterson Silver Wolf in his op-ed about how the opioid epidemic deserves a real-time data system as well.

Hey, Newscasters: You Should Cry More
InStyle | 5/19/20
“There is a time and place for it — and, during a pandemic, that’s the here and now,” says Dr. Jessi Gold in regards to news anchors showing emotion when confronted with stressful and heartbreaking stories and circumstances on air.

COVID Gives Big Pharma a Chance to Revive Its Brutal Image
Daily Beast | 5/18/20
This article asserts that if drug companies can produce a vaccine or successful therapy for COVID-19, 'maybe you can start to undo some of that reputational damage’ says Dr. Michael Kinch.

The Pandemic Is Spiking Anxiety. Before You Take Anti-Anxiety Medication, Understand The Risks
WBUR | 5/18/20
Should you start to use, or increase your use of, anti-anxiety medication during this pandemic? Dr. Jessi Gold co-wrote this article on things to know before you take those steps.

Wash U Doctor Answers Questions From Students
KSDK 5 | 5/18/20
Faculty Scholars in the News  
May 2020

Kids have their own coronavirus questions too, you know. Thankfully, Dr. Jason Newland answered some from students at the Maplewood-Richmond Heights School District.

**How To Navigate Restaurants, Travel And More As Economy Reopens**

Fox 2 | 5/18/20

Dr. Steven Lawrence speaks with Fox2 about how to navigate returning to certain “normal” activities as the economy reopens.

**Opinion: The COVID-19 Pandemic And The Economic And Policy Challenges Facing Missouri**

The Missouri Times | 5/18/20

Center for Health and Economics Policy co-director Dr. Tim McBride wrote this article for the MO Times on the economic and policy changes Missouri will see due to the COVID-19 pandemic.

**As St. Louis Businesses Reopen, City’s Contact Tracing Effort Questioned**

St. Louis Post Dispatch | 5/18/20

“The county’s health system is robust, so they are in a different position to move forward,” says Dr. Laurie Punch on how the county will move forward versus how the city will.

**Opinion: The COVID-19 Pandemic and the Economic and Policy Challenges Facing Missouri**

The Missouri Times | 5/18/20

CHEP co-director Dr. Tim McBride wrote this op-ed on the economic situation during the COVID-19 pandemic and what he calls the “triple crises” that came along with it.

**Child Abuse Reports Are Down During The Pandemic. Experts Say That’s A Bad Sign**

CNN | 5/17/20

Dr. Melissa Jonson-Reid is one of many experts concerned that reduced reports of child abuse during the pandemic are signs that the usual reporters of such abuse have much less opportunity to become informed and report about abusive situations.

**When It Comes To Nursing Home Deaths, State Data Tells Only Part Of The Story**

Detroit Free Press | 5/17/20

Center for Health Economics and Policy co-director Dr. Tim McBride comments on the ways in which documentation of certain information in nursing homes would help provide more accurate nationwide estimates of nursing home COVID-19 deaths.

**A Fever Is 100.4 In Ohio; It’s 99.5 In Delaware: States, Companies Write Their Own Rules For Temperature Screening In A Pandemic**

The Washington Post | 5/15/20
Faculty Scholars in the News
May 2020

“I think it would make it easier if there was one standard temperature we were using,” says Dr. Steven Lawrence on the lack of a national standard temperature threshold that, when reached, means workers should stay home.

What Coronavirus Is Doing To Stressed US Health Workers – And Why It Will Be Felt For Years
The Guardian | 5/15/20
Dr. Jessi Gold expresses how health workers’ already high rate of depression and suicide is another reason why this pandemic’s burnout and PTSD symptoms will hit hard now and for years to come.

Coronavirus Is A Major Test Of America’s Innovation Industry
Vox | 5/15/20
Rachel Sachs is mentioned in this article on how this pandemic is testing America’s status as a medical innovator.

Should Researchers Deliberately Infect Volunteers With Coronavirus To Test Vaccines?
Live Science | 5/15/20
“Extraordinary diseases require extraordinary solutions.” This article describes the ethical debate researchers face as they strongly consider human challenge studies to test possible COVID-19 vaccines. Dr. Michael Kinch says we can’t dismiss the idea as crazy.

Kansas City Officially Reopens — Here Are 10 Things Everyone Should Know
KCUR | 5/15/20
Confused about what reopening means for Missouri? Dr. Steven Lawrence comments on how successful results of guidelines and restrictions will probably make it look like experts “overdid it”, which could lead to frustration.

Chinese Study Finds Outdoor Activities Safe From COVID
STREETS BLOG USA | 5/15/20
“Almost no one who contracted the novel coronavirus in China during the early days of the pandemic became infected in an outdoor setting, a new study finds”. This article warns that masking and social distancing are still needed outdoors, but, as Dr. Gregory A. Storch comments, ventilation lessens chances of infection.

15 Drugs Being Tested To Treat COVID-19 and How They Would Work
Nature | 5/15/20
Want to know which drugs are being considered for COVID-19 treatment? Dr. Caline Mattar is mentioned in this article about 15 drugs being tested.

US Unemployment Could Hit 25% Say Experts
Power Technology | 5/15/20
Faculty Scholars in the News
May 2020

CHEP co-director Tim McBride is cited in this article addressing the U.S. Labour Department’s latest unemployment claim report.

**Rep. Rush Wants $100 Billion For Contact Tracing, Outreach And Testing In Underserved Areas And Hotspots**
Hyde Park (Illinois) Herald | 5/14/20
In this article about testing in underserved areas and the African American community’s long standing health disparities, Dr. Christine Ekenga says that public health and medical practitioners “have tried to overcome this distrust by engaging in partnerships with community-based organizations”.

**Sports, Shows Slowly Starting To Resume In Missouri**
AP News | 5/14/20
Wondering if reopening certain events in MO is okay? Dr. Alexis Duncan comments that large gatherings are still a bad idea, and as for sports and shows “the more talking and yelling that people do, the more potential there is that they’re expelling the virus particles.”

**The Mystery Of The Great Naked Mole-rat Migration**
The Washington Post | 5/14/20
Interested in the mystery of naked mole-rat migration? Dr. Stan Braude shares what his data has revealed and debunked.

**Children’s Hospital Confirms Cases Of Mystery Illness Connected To COVID-19**
KMOV 4 | 5/13/20
Be on the lookout for an inflammatory syndrome in children marked by prolonged fever and rash, among other things, that could be linked to the coronavirus. Dr. Jason Newland gives his input here.

**Could COVID-19 Finally Destigmatize Mental Illness?**
Time | 5/13/20
“…It’s possible that we emerge from this with innumerable positive mental-health outcomes,” says Dr. Jessi Gold in this op-ed she wrote about the pandemic acting as a “great equalizer” between mental health and physical health as most of the world grapples with the possibility of anxiety and depression at home.

Science News | 5/13/20
“We have a drug that appears to have an effect. Is it a slam dunk? Is it a home run? No,” says Larry J. Shapiro IPH director Dr. William Powderly in this article about the new COVID-19 drug remdesivir.
Faculty Scholars in the News
May 2020

For Many San Franciscans, COVID-19 Recalls The HIV Crisis — And That May Have Helped The City Respond
CNBC | 5/12/20
Dr. David Brown comments on how he and other doctors’ concern for patient civil liberties during the AIDS epidemic enlightened their decision making during the COVID-19 pandemic.

We Know How To Prevent Homelessness Due To COVID-19
The St. Louis American | 5/12/20
Drs. Jason Purnell and Patrick J. Fowler co-wrote this article on our need to recreate some of the homelessness prevention systems used in STL during the Great Recession and make clear processes for best distributing CARES Act funds.

Death Toll In Missouri From COVID-19 May Be Undercounted, According To CDC Data
Kansas City Star | 5/12/20
“…people with many, many different types of conditions seem to be coming into the hospital later than they otherwise would,” says Dr. Karen Joynt-Maddox in this article on why the MO COVID-19 death toll may be undercounted.

COVID-19 and Black STL
The St. Louis American | 5/12/20
“As the old adage goes, ‘when White America sneezes, Black America gets the flu,’” writes Dr. Will Ross in his article with the St. Louis American on COVID-19 and black STL.

6 Feet Apart? Try 10-12: A WashU Air Quality Expert’s Advice On Reopening
STL Business Journal | 5/12/20
Learn more about air quality concerns during the COVID-19 pandemic and how that affects reopening with Dr. Pratim Biswas.

Here’s Why African Americans Are Dying From The Coronavirus At A Startlingly Higher Rate In Missouri And Illinois
KSDK 5 | 5/12/20
Learn why Dr. Laurie Punch was “not surprised at all” that African Americans are dying from the coronavirus at a “startlingly higher rate” in MO and Ill.

Masks Required For Everyone Entering Area Hospitals And Facilities
The St. Louis American | 5/12/20
“If for some reason, someone does not have a mask, or shows up without their mask, we will provide a mask for them,” says Dr. Hilary Babcock in this article about the new mask requirement at all BJC facilities.

Wash U Doctor Explains New COVID-19 Complication In Children
KSDK 5 | 5/11/20
Dr. Jason Newland talks with KSDK 5 about new COVID-19 complications appearing in children that resemble a rare inflammatory condition and toxic shock syndrome.

**Coronavirus Facts Only: How We Should Act After Some Restrictions Lifted In St. Louis**
KMOX | 5/11/20

Dr. Steven Lawrence suggests doing the same critical things we have been doing like washing hands, wearing masks, and avoiding crowds as St. Louis businesses reopen May 18th.

**Among Older Adults, COVID-19 Has Highlighted Vulnerabilities — But Also Some Opportunities**
STL Public Radio | 5/11/20

An expert on aging and social policy, Dr. Nancy Morrow-Howell discusses how the exacerbation of disparities among age and racial lines during this pandemic could finally lead to policy improvement.

**You’re Super Depressed Because of COVID-19. Is It Time to Pop a Pill?**
Yahoo Life | 5/11/20

“It’s very hard to figure out what is a normal reaction to what’s going on and what is a treatable mental health condition that needs medication,” says Dr. Jessica Gold in this article on what is, for many, an unprecedented time for their mental health.

**Missouri’s Testing Rate Trails Illinois, But Reflects Different Strategy, Reality**
STL Post-Dispatch | 5/11/20

Dr. Jason Newland says that Missouri’s difficulty getting tests isn’t unique, but that the shortage has forced some providers to play a gatekeeper role in distributing them.

**Trump Administration Announces Plan For Distributing Remdesivir After Chaotic Rollout**
Politico | 5/09/20

Rachel Sachs is mentioned in this article expressing the frustrations doctors have over the mysterious doling out of a limited supply of remdesivir, the “sole drug proven to help coronavirus patients”.

**Men Say Child Care Has Been Evenly Split Under Quarantine — Women Disagree**
Market Watch | 5/08/20

During social distancing, women have still been taking on a greater load of housework and child care. Dr. Lindsay Stark comments.

**Friday’s Stock Market Open: US Equities Rise Despite Catastrophic April Jobs Report**
IB Times | 5/08/20
Faculty Scholars in the News
May 2020

“This is the largest increase in the unemployed ever recorded in one month,” says Dr. Tim McBride in this article.

**Sneeze Guards, Face Masks, and No Cafeteria Lunches: Minn. Schools Plan Ahead for Summer and Fall**
MPR News | 5/08/20
Dr. Abigail Carlson provides some insight into how the coronavirus affects children in this article about Minn. schools’ plans for the future.

**How COVID-19 Will Change The Health Care Policy Debate**
MPR News  | 5/07/20
Dr. Karen Joynt-Maddox talks about how COVID-19 will change the health care policy debate in this interview with MPR News.

**New Research Shows Racial Disparity Of COVID-19 Cases In St. Louis Area**
KSDK 5 | 5/07/20
This article mentions the coronavirus study that measured COVID-19 cases by ZIP code. Dr. Will Ross comments on how the research indicates race as a “powerful factor” in an inflation of cases.

**Why Tampa Bay’s African American Community Hasn’t Seen High Numbers of COVID-19 Cases**
Tampa Bay 10 | 5/07/20
Dr. Darrell Hudson helps explain why it might be that Tampa’s black population hasn’t seen such a disproportionate amount of coronavirus cases as more segregated cities like St. Louis.

**Hospitals Make Plans For Restarting Some Canceled Procedures**
St. Louis Post-Dispatch | 5/07/20
“There will be a tiered approach, and a gradual restarting,” says Dr. Hilary Babcock on hospitals restarting some canceled procedures.

**Wash U Doctor Answers You Coronavirus Questions**
KSDK 5 | 5/07/20
Dr. Jason Newland answers coronavirus questions on-air with KSDK 5.